

## Abstract of the Disclosure

The present invention relates to a patch for controlled topical or transdermal  
5 delivery of effective levels of cosmetic, dermatological, and pharmaceutical active  
ingredients onto the skin, hair follicles, and sebaceous glands, with minimal discomfort  
and ease of use. The patch can be transparent or clear and comprises a rate-controlling  
polymeric matrix layer. The polymeric matrix layer comprises water-soluble,  
bioadhesive, film forming polymers. The cosmetic, dermatological, and pharmaceutical  
10 active ingredients are soluble or dispersed in the polymeric matrix. The patch becomes  
tacky when wetted and adheres onto the skin. The adhesive properties of the patch are  
sufficient to maintain the patch in place on the skin for the recommended treatment  
period while allowing the patch to be readily removed without causing skin irritation or  
leaving adhesive residue on the skin.

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